

Information

- **Clients**
People age 18 and above
- **Days of the week**
Weekdays/Saturdays
- **Hours of operation**
9:00–17:00
(outside of these hours, prior consultation is required)
- **Location**
 - Conducted at the Graduate School of Health Sciences, Kobe University; the subject's home; or other location (where privacy can be maintained)
 - Conducted remotely via social software (LINE, etc) or video conferencing software (ZOOM, etc.).
- **Types of consultations**
 - 1) Family concerns related to treatment of illnesses in the home
 - 2) Family treatment consultations related to patients with chronic diseases or young children with illness
 - 3) Problems related to single-parent families
 - 4) Consultations on parenting for families with infants and toddlers
 - 5) Other matters

Consultations are by appointment only.
 Consultations are free of charge.

For further details, please write to us using the inquiry form provided in the web site.



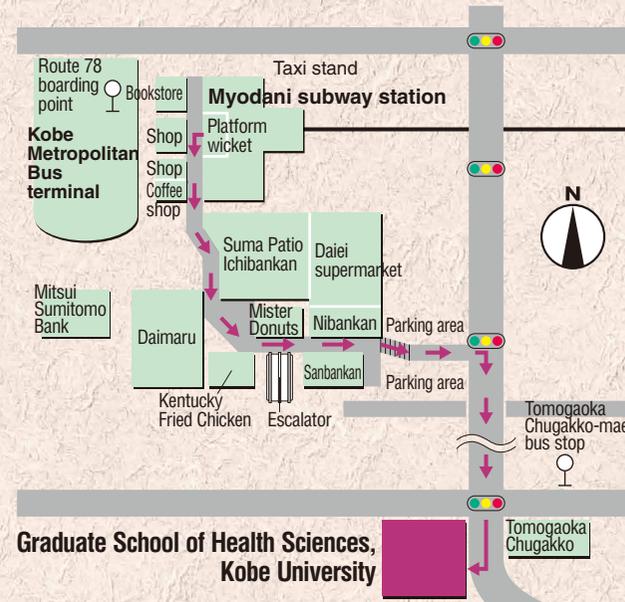
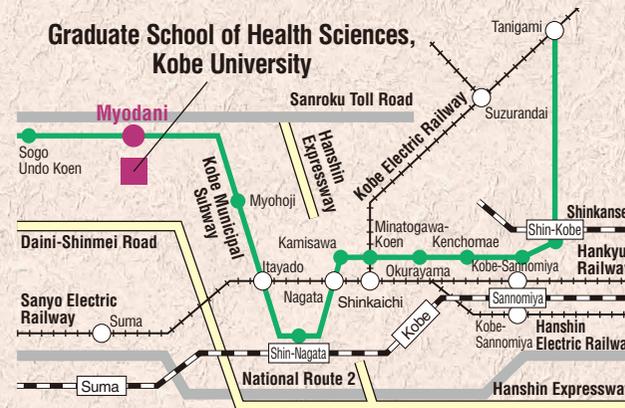
CSFET-based Family Nurse Consultation Unit

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 Graduate School of Health Sciences, Kobe University



Phone: 050-5480-4323
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 Web site: <https://familyconsultation.org/>

Map and transportation



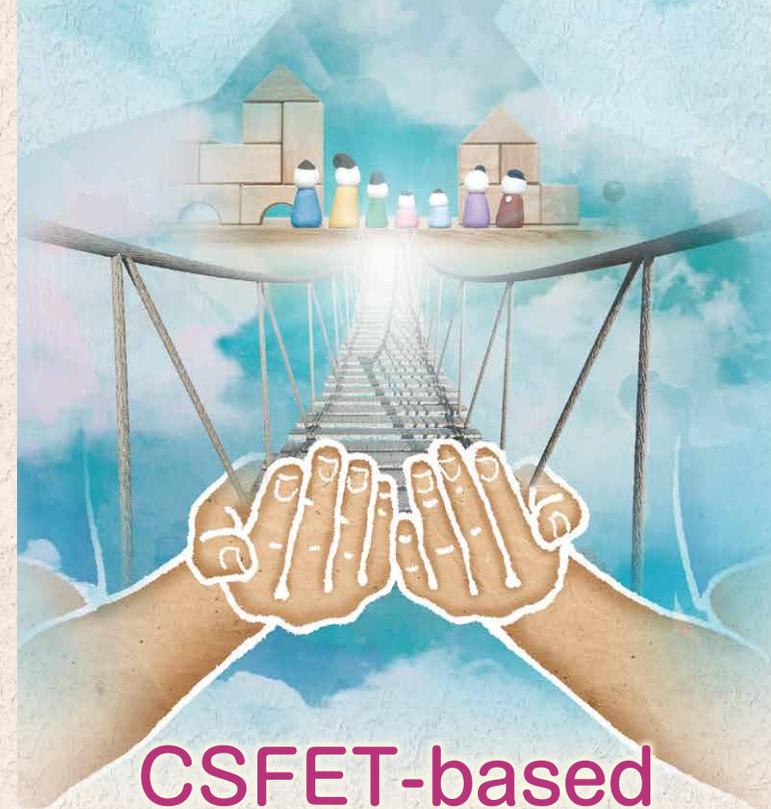
- 15 minutes walk in a southeast direction from Myodani station on the Kobe Municipal Subway Line.
- 3 minutes walk from the Tomogaoka Chugakko-mae bus stop, Kobe city bus route No. 78 from Myodani station.
- 5 minutes by taxi from north exit of Myodani station on the Kobe Municipal Subway Line.

Graduate School of Health Sciences, Kobe University

7-10-2 Tomogaoka, Suma-ku, Kobe, Hyogo 654-0142, Japan

This is part of the Center for Community Collaboration at Kobe University project.

A Bridge to Family Happiness



CSFET-based Family Nurse Consultation Unit

Hohashi Lab.

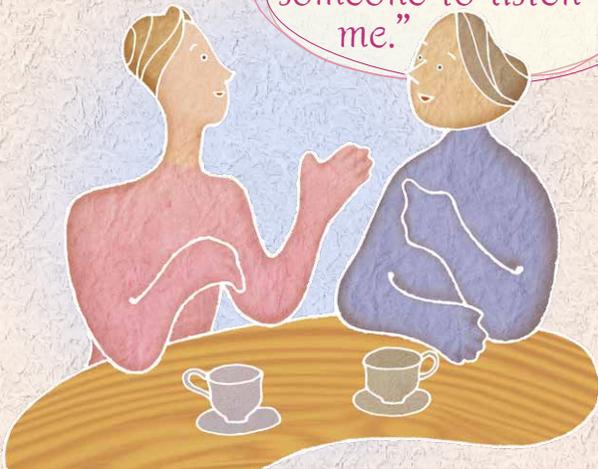
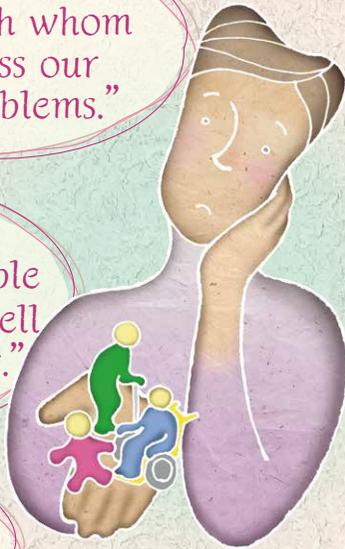
Division of Family Health Care Nursing,
 Graduate School of Health Sciences,
 Kobe University

“I wish I had someone with whom I could discuss our family problems.”

“Our family members are unable to communicate well with each other.”

“Our family is under a lot of stress.”

“I wish there was someone to listen to me.”



Through consultations of these kinds of problems, we will work with you and find ways to make things go better to bring about improvements in your family's life.

• What is the CSFET-based Family Nurse Consultation Unit?

The Family Nurse Consultation Unit began operation in 2017. Professor Naohiro Hohashi, who has been active on the front lines of family nursing studies worldwide, has been overseeing the providing of high-level support to families based on the Concentric Sphere Family Environment Theory (CSFET) that he developed and put into practice.

We nursing professionals, guided by the CSFET, together with the family, utilize a variety of tools to work toward resolving problems or difficulties that cause distress in families, thereby promoting family happiness and family functioning.

• What can CSFET-trained nurses do when providing family consultations?

The university instructors and graduate students, who hold certifications as nurse, certified advanced specialist in family support and others, operate the unit. Two individuals take responsibility to listen to your family's difficulties. Please be assured that all consultations will be held in complete confidence from outsiders.

In situations involving such problems as abuse against children or the elderly, or problems related to life or anti-social behavior, the unit can also arrange for introductions to specialists in a wide range of professional fields.

The Concentric Sphere Family Environment Theory

Process of consultations

Appointment

Initial meeting

Clarification of family problems

Creation of family assistance plans

Follow-up meetings

